

# WHAT THE PARENT/GUARDIAN SHOULD PACK FOR THE CHILD COMING TO THE SAFE CENTER

## CLOTHING:

- At least 7 days of outfits as laundry is done once per week
- At least 7 pair of underwear, double that if child soils or wets
- At least 7 pair of socks
- Two pair pajamas or sleeping outfits (nothing sheer or revealing)
- Slippers and robe if have
- Bathing suit that fits well (no bikinis)
- Shoes for running around in country setting—not slip on or flip flops
- Coat, hat, gloves if in cold season
- Light jacket if in cool season
- Clothing with any questionable graphics or words will be packed away (examples: depictions of weaponry, flippant language, sexual content)

## PERSONAL CARE ITEMS:

- Bring toothbrush
- Bring brush or comb or both
- Bring any specialized hair, skin, or dental products
- We provide shampoo, conditioner, soap, toothpaste
- Feminine products if child has begun menses
- We don't utilize pull-ups, so no need to bring

## TOYS/RECREATIONAL ITEMS:

- 10 items total may be brought. An 'item' can be a group of like items, for example a set of books (one item), a tub of Legos (one item), a little case of dolls (one item).
- Guidelines: Do not bring any toys with weapons attached or toys that encourage violent play, such as most action figures, WrestleMania figures, etc.
- Do not bring expensive items such as MP3's, iPod's, personal DVD players, etc. If such an item is brought, we will likely ask you to take it home as we do not wish to incur losses of valuable items.
- Do not pack delicate, fragile, or irreplaceable items like family heirlooms. Those should be kept safely for child.
- Photos that child will derive support from are greatly encouraged—photos in a frame are ok as long as they can sit on a dresser, rather than hung on the wall. Please bring copies of pictures and leave the originals at home.
- Child may bring their own art supplies, and this is encouraged for children who enjoy drawing/crafts. We do provide basic art supplies.
- Child may bring their own bike, roller blades, skateboard or scooter. If they don't have one, we provide such items.
- Child should bring their own helmet(s) if they bring wheeled things to ride. Elbow and knee pads should be brought for roller blades and skateboards.